

PANGBOURNE VILLAGE MAGAZINE

Issue 3 November/December 2024



Village News Church News Nearby News Local Organisations Education Environmental News Parish Council News Pangbourne History Crossword



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QUIZ NIGHT

Saturday 15th February 2025 at 7.00pm
Pangbourne Village Hall
£15 per person including Fish & Chip supper
Teams of six

Call 0118 984 3368 or email sbillyeald@aol.com by 31st January to book your team's place.

Let us know of any special dietary requirement.

Bring your own salt, vinegar & ketchup (and knife & fork if you wish!)

There will be a bar for wine, beer & soft drinks

All proceeds to PCC of Pangbourne with Tidmarsh & Sulham to help maintain our three beautiful churches

AT YOUR SERVICE

Pangbourne & District Volunteer Centre

Going to see the doctor, dentist, optician or attending a hospital appointment?

Pangbourne & District Volunteer Centre have been providing transport for our senior citizens and less able neighbours since 1984.

Maybe we can help you too.

For further information contact our friendly office staff between 9-30 am - 11.30am Monday to Friday on 0118 984 4586 There is no charge for this service but we do invite donations.

Got some time to spare?

We are actively recruiting volunteer drivers and office staff.

Drivers will be asked to provide two referees, have an appropriate roadworthy vehicle, a current driving licence and permission from their insurer to undertake voluntary transportation. Mileage is reimbursed at 45p per mile.

Volunteering with Pangbourne & District Volunteer Centre is one of the most rewarding ways of serving your community.

You are free to as many runs as you are able to and it is OK to say no.

For further information telephone 0118 984 4586 or email: pangbournevolunteers@outlook.com

Area covered: pangbourne, Whitchurch, Sulham, Tidmarsh,
Purley on Thames, Upper and Lower Basildon,
Parts of Tilehurst.



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Hello everyone,

We all rush or slowdown in our lives every year, but the festive season is the time we can reflect, not just on the year but our life fully. I believe that reflection of our lives gives us peace in both our mind and our soul and helps us look forward to the next year. I hope all of you will have a time to reflect.

With Christmas approaching our local shops are busy preparing to the festivities and I hope all of you will join the village on 6th of December for the Christmas late night shopping event (page 14). I personally cannot wait to see the high street thriving as you support our local business, those businesses that really appreciate your custom and rely on your custom all year round.

But whilst village centre is buzzing with people, we have forgotten about our river Pang (page 48) which needs the action taken from all of us to bring it back to its glory. Together we can make a difference.

And regarding the name of this publication, with the third issue I already feel Mike and I have achieved enough to call our project Pangbourne Village Magazine and drop the newsletter.

I wish you all Merry Christmas and a Happy New year. Enjoy the read and catch-up in January 2025.

With Kind regards, Alise

*The front cover is provided by Ian Crimp and Postcard by Darran Taylor. The card was posted in December 1911, from Pangbourne to a Mr J W Bowry of Row Farm in Bracknell. Row farm is still a farm shop today. *







17 Reading Road Pangbourne RG8 7LU

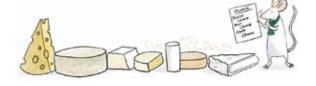
Oll8 984 3323 cheese-etc.co.uk



Situated in the heart of the wonderful village of Pangbourne, Cheese Etc features over 120 cheeses in its cheese counter

But it's not just about the cheese! Visit us for unique gifts as well as local beers & cider, wine from home & abroad, and all the accompaniments your cheeseboard deserves.









Pangbourne Parish Council

Tel: 0118 9841118 Email: Clerk@pangbourne-pc.gov.uk Website: www.pangbourne-pc.gov.uk

REMEMBRANCE SUNDAY 10TH NOVEMBER 2024



Remembrance Sunday Events in the village are planned as usual this year with the familiar parade led by Pangbourne College Band and formed of members of the local Royal British Legion, Armed Services, Police and Fire Services, Pangbourne Parish Council, Scouts and Guiding Organisations and Members of the local community taking part. It will be followed by the laying of wreaths. The Church Service at St James the Less Church starts at 3pm. The Parade will begin at the Police Station on Reading Road at approx. 2.30pm with roads closed for the short duration of the parade.

Please see the Parish Council website www.Pangbourne-pc.goc.uk for any updated details nearer the time, however it is anticipated that timings will follow those of previous years.

Mend the Gap Grant Funding-Pangbourne Meadows

We're happy to report that Pangbourne Parish Council has been successful in its application to Mend the Gap for funding of ecological surveys and other information-gathering work at Pangbourne Meadows. The Meadows are an important, biodiverse habitat and this funding will support the council to develop a sensitive management plan for them that will benefit both wildlife and residents. Read more https://mendthegap.uk/enhancement-projects/projects-we-have-supported/ecological-surveys-and-scoping-work-for-pangbourne-meadows/ #mendthegap North Wessex Downs National Landscape Chilterns National Landscape

The project grant will fund a baseline biodiversity report in the first instance followed by the engagement of a landscape architect to consider what opportunities exist for biodiversity and amenity improvement at Pangbourne River Meadows and Pangbourne Recreation Ground .

Mend the Gap is also a funder involved in the Sulham Wetlands project at railway field in the Purley end of the village beyond Bourne Road. More information on both projects can be found on both the Parish Council's and Mend the Gap's Facebook pages.

The bigger vision of the Mend the Gap programme is that the outstanding national landscape that links the Chilterns and the North Wessex Downs will be enhanced and enriched for wildlife, residents, and visitors, helping to heal and soften the scars left by electrification of the Great Western main line.



North Wessex Downs National Landscape





Station Road Toilets -APT future

APT -Action for Pangbourne Toilets continue to run the public toilets in Station Road carpark successfully as they have done for a number of years. Refurbishment works are almost complete, and the dedicated group of volunteers have now begun discussions with Pangbourne Parish Council regarding the long term operation of the site. Pangbourne Parish Council has been a supporter of the toilets via an annual

maintenance grant for a number of years, however it may be that the Council is asked to consider taking on a larger role going forward. Discussions are at a very early stage and residents will be consulted in due course regarding what they would like to see happen with this facility as well as a consideration of the potential additional cost to the parish.

Roadworks and Highways

Kennedy Drive Resurface

We are really pleased to see the full resurfacing of the stretch of Kennedy Drive leading from the Reading Road to the Primary School finally take place over the summer months. This stretch of road was badly degraded with repeat visits to fix the near constant potholes. The work was programmed by West Berkshire Council at the request of Pangbourne Parish Council who have been lobbying for the last 18 months to get the stretch programmed in for a full replacement.

Streatley Gas works

By now it is likely that almost all residents will have been affected by the ongoing works at Streatley over recent months.

These are emergency works which it was hoped would be completed during the summer break to keep disruption to a minimum. Gas supply upgrade at this location was much needed both in terms of meeting demand but more importantly as a safety issue with aged pipes in urgent need of replacement. A number of gas leaks were detected despite some remedial repair work last year. Unfortunately, during the course of the excavation works, more pipes requiring urgent replacement were discovered hence the extended period of works. At the time of writing, the works are due to be complete by early October but as this is a safety issue, it does depend on no further faults being discovered.

Other works

In addition to these works scheduled and managed by WBC, a number of other works have been undertaken in or near the village which have caused disruption to residents.

Unfortunately, South Oxfordshire District Council did not consult with West Berkshire when it granted a permit to close Whitchurch High Street for a week in early September. This is clearly unsatisfactory as it closed the river crossing and has been picked up between the councils with a formal complaint lodged regarding the disruption caused, especially in addition to the disruption ongoing at Streatley.

Evening road marking works on Tidmarsh Road and Purley Rise were planned in early Sept to be carried out by WBC's road contactor Volker Highways. Unfortunately, the works were not completed in the order advertised leading to disruption for residents who found the wrong roads unexpectedly closed on the wrong days. Again, a formal complaint has been raised with West Berkshire Council regarding this.

The week long closure of Pangbourne Hill raised many complaints from residents and particularly those affected by traffic using Green Lane as a diversion. Once again this has been raised with Highways as the term time closure of this road causes unnecessary disruption. The period of closure has also been challenged as being far too long for the work needed. The contractors diversion signage was also inadequate further adding to the chaos and this has also been raised with WBC.

Finally, Thames Water arrived in the village in late September using emergency powers (which were subsequently challenged) to open sites at the bottom of the already closed Pangbourne Hill and at the other end of the village by Sulham Lane.

Members of Pangbourne Parish Council and the District Councillor took immediate action working with a senior highways enforcement officer to get both of these works removed with immediate effect.

Pangbourne Parish Council Staff and Members all live and/or work in the village and are as affected by such disruption as residents. We continue to work with the Highways team to plan works, challenge permits pre granting and get immediate remedial action taken when things do go wrong.

Pangbourne Parish Council News

Residents can also report issues to Road Closures or Streetworks at West Berkshire Council and can get more information from One Network or Pangbourne Parish Council's Facebook page where we do our best to post the latest information on roadworks affecting the village.

https://one.network/

https://www.facebook.com/pangbourne

Flooding - Be Prepared

With heavy rain already causing issues in the village this year,



The Parish Council and Pangbourne Flood Wardens are reminding residents to be prepared for flooding.

To check whether your property is in a flood risk area go to https://www.gov.uk/check-long-term-flood-risk

If your property is at risk of flooding you should:

1. Sign up to get free flood warnings by phoning the Floodline at 0345 988 1188 or visiting www.gov.uk/sign-up-for-flood-warnings. You will receive a warning by text, email or phone call (your choice) if your local river has risen to a level where flooding may happen. If you have a disability or need extra help you can ask for flood warnings to be sent to a

friend or relative on your behalf. **ADVANCE WARNING** is your best defence. It gives you time to take steps to minimise your risk. There are three warning levels:



FLOOD ALERT



 Prepare a bag that includes medicines and insurance documents





flood Warning



- Turn off gas, water and electricity
- · Move things upstairs or to safety
- · Move family, pets and car to safety





- · Call 999 if in immediate danger
- · Follow advice from emergency services
- · Keep yourself and your family safe
- **2. Ensure that you have YOUR OWN FLOOD PROTECTION.** This should include your own sandbags or similar (e.g. compost bags), heavy duty plastic to put behind them (they are fairly ineffective otherwise) and air brick covers as a basic minimum. They are relatively inexpensive and usually quick to fix in place. Floodsax (www.floodsax.co.uk) are compact, lightweight bags filled with water-absorbing granules that offer an alternative to traditional sandbags. These are easy to store until needed and can be emptied out into the garden after use as the granules are biodegradable.

Please note that West Berkshire Council (WBC) and Pangbourne Parish Council do NOT provide sandbags. Sandbags are only provided by WBC in exceptional circumstances to protect public buildings and to help the vulnerable. Any sand bags held by the Parish Council are designed to be used to protect a strategic area to reduce flood risk for a number of houses – not for individual property protection. You need to HAVE YOUR OWN FLOOD PROTECTION AVAILABLE PRIOR TO A FLOOD SITUATION. If you leave it until the property is at risk, you may find that the suppliers have no stock. Please be aware that sandbags will not provide any protection if flood water comes up through the floors of your house.

For more information on flood protection products go to www.bluepages.org.uk/ and check out the website of the National Flood Forum: www.nationalfloodforum.org.uk

- **3. Make a Personal Flood Plan.** Keep a list of all your important contact numbers (e.g. insurance, gas, electricity, friends and family). Know how to turn off your gas, electricity and water supply at the mains and where the stop cocks are located.
- **4. Prepare a Flood Kit** containing basic essential items such as a torch, copies of your insurance documents, bottled water, a first aid kit and warm blankets/waterproof clothing.

The government website **www.gov.uk/help-during-flood** offers useful information on actions to take to prepare for flooding and what to do if your property does flood.

Please report any instance of blocked or overflowing road drains to West Berkshire Council at: https://westberks.highway-iams.uk/Live/PBLC/PIP/?cg=Drainage You can zoom in on the map to identify the location of individual drains.

The Pangbourne Flood Group and the Parish Council are continually developing their own Flood Plan to ensure that we are prepared and can act quickly to keep the impact of future flooding to a minimum. However, we can never know quite how the next flood situation will develop. Please help us and help yourselves by ensuring that you have your own property level protection in place and your own Flood Plan and Flood Kit.

If you think you might need help in the event of a flood, possibly to move furniture upstairs, turn off stop cocks, or for any other reason, please drop a note to the flood wardens or the Parish Council. Your details will be confidential and for the use of the Flood Group or Emergency services only.

Pangbourne Flood Wardens

Kay Lacey: *laceykay50@gmail.com* 07889 231136 Stephen Billyeald: *stephenbillyeald@btinternet.com* 0118 984 3368 Ed Penney: *ed.penney@fastmail.net* 07756 432946

PLANNING APPLICATIONS REVIEWED SINCE LAST ARTICLE

APPLICATION NUMBER	PROPOSAL	Recommendation
24/01707/HOUSE	Proposed replacement outbuilding and first floor dormer	Objection
	South Stonehams Cottage, Bere Court Road,	•
	Pangbourne, Reading RG8 8JY	
24/01601/FUL	Construct a timber canopy supported by timber posts, with	No objection
	a roof covered in corrugated metal profile sheeting similar	,
	to the existing canopy on-site.	
	on-site.	
	Pangbourne Delivery Office, 2 Church Road,	
	Pangbourne, Reading RG8 7AA	
24/01778/HOUSE	New Porch, Single storey rear extension, roof extensions,	No comment
(adjacent parish)	gable dormers and internal alterations.	1.0 00111110111
	Ridgeway, Newtown, Upper Basildon, Reading RG8	
	8JG	
24/01674/HOUSE	Detached garage including utility and store room.	No comment
(adjacent parish)	Summer Place, Newtown, Upper Basildon, Reading	
	RG8 8JG	
24/01756/LBC	1 No. replacement window and double door and frame.	No objection
	The Coach House, Fernbrook, The Square,	
24/00641/HOUSE	Pangbourne Reading RG8 7AG	**************************************
24/00641/HOUSE	To create a garden, by reinstating the original brick and flint wall, erecting a green house, cycle store, driveway	No objection
	with car port.	
	45 Shooters Hill, Pangbourne, Reading, RG8 7EA	
24/00642/LBC	To create a garden, by reinstating the original brick and	No objection
	flint wall, erecting a green house, cycle store, driveway	,
	with car port.	
	45 Shooters Hill, Pangbourne, Reading, RG8 7EA	
24/01576/HOUSE	Single storey side extension to create a utility room.	No comment
(adjacent parish)	Remove the existing flat roof over the single garage.	
	Erection of new pitched roof over garage. Ground floor	
	front extension to form covered entrance porch. Enlarged windows at first floor front and rear. Horizontal cladding	
	on front and rear gable walls. New white render.	
	Wisteria Cottage, Newtown, Upper Basildon, Reading	
	RG8 8JG	

PLANNING APPLICATIONS REVIEWED SINCE LAST ARTICLE		
APPLICATION NUMBER	PROPOSAL	Recommendation
24/01827/HOUSE	Replacement of existing single storey volume to the south with new walls, roof, glazing and external canopy. Installation of two external canopies to the north elevation, alongside a small single storey extension to the existing entrance hall and replacement porch. Replacement windows, doors, soffits, fascias and rainwater goods throughout the property, with minor	Comment
	alterations to several existing openings. Installation of 4no. dormers to the north roof and 1no. rooflight to the south roof. Painted/limewash finish to the existing brickwork finish across the whole property. External landscaping including a plunge pool to the north-east of the house. Buckeridge, Pangbourne Hill, Pangbourne, Reading	
24/01514/LBC	RG8 7AS Changes to fireplaces to form open hearths in Study	No objection
	(RG01) and Entrance Hall (RG12) Bere Court, Bere Court, Pangbourne, Reading RG8 8HT	
24/01561/HOUSE	Single Storey Side extension River Pang Cottage, Tidmarsh Road, Pangbourne, Reading RG8 7AY	No objection
24/01346/HOUSE	Demolition of existing rear conservatory and construction of single storey, wrap around extension 17 Thames Avenue, Pangbourne, Reading, RG8 7BY	No objection
24/00446/HOUSE	New front porch and rear extension replacing a makeshift conservatory. Ingleborough, Green Lane, Pangbourne, Reading RG8 7BG	Approval
24/00625/HOUSE	Erection Of Single Storey Rear Extension, Two Storey Side Extension & Single Storey Front Porch Installation Air Source Heat Pump & Photovoltaic Panels Firtree Cottage, Pangbourne, Reading, RG8 8PT	Approval
24/00733/HOUSE	Single storey side extension 4 Breedons Hill, Pangbourne, Reading, RG8 7AT	Refusal
24/01046/HOUSE	New single storey porch extension and adjustment of roof line, window and door positions and external materials to existing extension. (All of the proposed works are to the rear of the existing dwelling). 47 Reading Road, Pangbourne, Reading, RG8 7HY	Approval
24/00772/FUL	Part Retrospective: Buried Gas Tanks and Underground service routes related to new Boiler Room location and reordering works. Bere Court, Bere Court, Pangbourne, Reading RG8 8HT	Conditional Approval
24/01272/COND (not consulted)	Application for approval of details reserved by condition 4 (soft landscaping scheme) allowed on appeal planning permission 23/00034/FUL - Installation of a ground mounted solar PV array to provide electricity to be used in the home. Woodland Manor, Pangbourne Road, Pangbourne, Reading RG8 8AW	Approval
24/01242/FUL	Proposed construction of a flat roof to provide covered way to the rear of no 4-8 High Street 4 High Street, Pangbourne, Reading RG8 7AB	Approval



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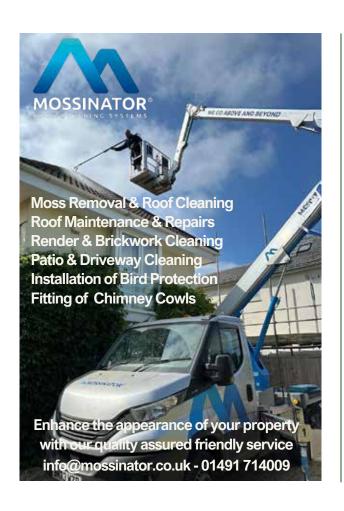
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On the 1st October the energy price cap rose by 10% making heating more expensive for all of us. In1997 the Government introduced the Winter Fuel Payment of between £100-£300 to all pensioners. They've

recently voted to limit the payment only to those pensioners that claim Pension Credit.

Here in West Berkshire this means that nearly 28,000 pensioners will no longer receive the payment. There are arguments that many pensioners are well off enough and don't need the money. However, the issue is that Pension Credit is only claimed by around 60 percent of people entitled to it.

This means that the withdrawal of this benefit will hit the people on the lowest incomes hardest. At the end of September, I lead a vote at West Berkshire Council (WBC) to try and help elderly people affected by this cut. The leaders of all 3 party groups have written to the Chancellor of the Exchequer asking her to suspend and rethink the policy. The council leader has also written to our MP, Olivia Bailey, who voted for the cut, to ask her to reconsider and help push the government to change their minds. The council is now starting a communications campaign to increase take-up of Pensions Credit and reduce the number of people who have to make a choice between heating and eating

If you are, or if you know a pensioner, whose weekly income is less than £218.15, or £332.95 for a couple, you can claim Pension credit. If you If you'd like any guidance on how to apply, or other help available, please call 0800 99 1234, or get in touch with me directly.

One of the biggest issues affecting the village is roadworks. Three times in three weeksThames Water have illegally put restrictions on Reading Road, Sulham lane, Purley Rise and Tidmarsh/Station Rd, causing traffic chaos.

Utility companies normally have to plan works with WBC. However, they have the right to begin works without any consultation if they class them as an "Emergency". Some of the recent "Emergencies" were simple faults reported many months previously or planned work turned down by WBC as it should be scheduled for weekends or school holidays. It doesn't feel like Thames Water are playing within the rules. In each case WBC's highways team have responded quickly and closed down the illegal works, but often not before significant disruption has occurred.

At the beginning of the year WBC won a court case and was able to fine Thames water for two incidents in Pangbourne. I will be pushing for robust action again and I will be taking Thames Water's senior management to task when they come before the WBC scrutiny committee in mid-October.

If you have a problem with, potholes, missed bin collection, broken street lights or any of the other the things the council looks after please remember you can report it on the website at www.westberks.gov.uk/reportaproblem. If I can help with anything please get in touch with me at *matt.shakespeare1@westberks.gov.uk*





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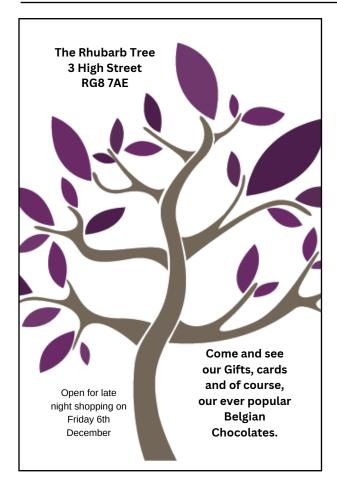
Village Christmas Evening -Fri 6th Dec 2024

The Village Christmas Evening is scheduled to take place again this year with late night opening by the retailers on Friday 6th December.

Pangbourne Parish Council will once again be providing the festive lighting on street lighting columns for the Christmas season and will be donating the Village Christmas tree which will be sited on the forecourt of the George Hotel with kind permission of the landlords.

Please see retailers/Pangbourne Parish Council's social media and website for more details nearer the time.







Come and enjoy the Christmas late night shopping 6th of December from 5pm with our local businesses. And of course, our local Cafe's, Pubs and Restaurants will work as usual.







THE SWAN IS BACK

After a long closure due to flooding, we're thrilled to announce the reopening of The Swan on 29th November. Our beloved pub has undergone a stunning transformation and we've been working just as hard on our exciting new food and drink menus.



Celebrate the most wonderful time of the year with us.

Our Christmas bookings are now open.

JOIN OUR TEAM

We're seeking talented individuals to join our vibrant team. If you're passionate about hospitality and ready to be part of something special, we invite you to apply for the following positions:

Servers | Bartenders | Assistant Manager | Chef de Parties | Sous Chef
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CONTACT US TODAY

To learn more and apply, please email info@swanpangbourne.co.uk Shooters Hill, Pangbourne, Reading RG8 7DU



I often get asked for the perfect Christmas cheese board so I thought I would share some ideas. We are hugely lucky here in Pangbourne in that we have some amazing cheesemakers all within 10 miles of the shop. It is therefore possible to do an amazing local cheeseboard consisting of Berkshire and Oxfordshire cheeses. So what makes the ultimate local cheeseboard? Generally when thinking of a well-rounded cheeseboard I would suggest that people go for a hard, a soft, a blue and a goat. This gives you a little bit of something to suit all tastes.

For our local hard cheese, I would have to go with the Spenwood from Village Maid Cheese. Named Spenwood after the village near to where it is made, this is a fantastically nutty cheese made using ewe's milk. The cheesemakers often compare it to a Spanish Manchego or an Italian Pecorino. It is aged for 9 months before we pick it up from its home near Wellington Country Park, and it is this ageing process which gives it its unique lamby flavour with its lingering finish in the mouth. Spenwood recently won a gold medal at the World Cheese Awards. Village Maid Cheese is also where we get our best local blue cheese. Barkham Blue is described by its cheesemakers as 'blue butter' and it really does melt in the mouth. It is made with Channel Island milk which gives it its fabulous creaminess without any of the harshness that can often be found in blue cheeses. Barkham Blue won the accolade of Supreme Champion at the British Cheese awards in 2015 and won a gold medal at last year's World Cheese Awards. We then travel into Oxfordshire for our soft offering. Bix has been made by the Nettlebed Creamery since 2017 and it has won the title of Best Soft White Cheese at the British Cheese Awards, as well as a gold medals at the World Cheese Awards. The cheese itself is loosely based on a Chaource, a luxuriant white-rind cheese from Champagne country in northern France. Completely organic and deliciously creamy, Bix is a little round of cheesy heaven. Our last cheese is another one from Oxfordshire, Sinodun Hill. Named after the hills which can be seen from where the goats are grazing, this soft, creamy goats' cheese has a slightly nutty edge to it. I love to eat it just as it is

starting to ooze from under its rind. It won Best British Cheese at the World Cheese Awards in 2023, coming 11th overall out of over 4600 cheeses!

But what to have with your cheese? For me, nothing beats some of our wonderful wheat rounds (think digestive biscuits) and our classic cheeseboard chutney. Pair it all with a lovely dessert wine and your Christmas Cheeseboard is complete!

All of these cheeses plus many more are available from our shop in Pangbourne. We also offer a free local delivery service to those who can't make it here in person.

Jen Grimstone-Jones

Cheesemonger Cheese Etc, The Pangbourne Cheese Shop 17 Reading Road, Pangbourne. RG8 7LU www.cheese-etc.co.uk

Village Market



The market is thriving. We have a large following of customers enjoying our volunteer led tea/coffee and bacon butty provision. We provide a welcoming social space.

We also have fruit and veg. in season, preserves, cards and pictures, jewelry, old fashioned sweets, honey, eggs, secondhand books and puzzles and homemade cakes, biscuits and scones. Every fortnight we also have a good selection of fresh fish from Brixham. Once a month we have children's hand knitted items and a table offering help with jewelry repairs and cleaning.

Our Christmas market will be held in the village hall on Saturday the 16th November 9.30 to 3.30 in addition to our usual Friday morning market. Friday markets are held in the village hall 9.00 until 11.30.

We look forward to welcoming you.

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Browse and buy online at www.ninosdeli.co.uk
CHRISTMAS ORDER FORMS can be collected in store



The Royal British Legion Annual Dinner will, this year, be taking place at The George Hotel, Pangbourne on Saturday November 16th. The event will commence at 7.00pm for 7.30pm. Tickets are priced at £45 per head which is for a three course dinner, three choices per course with Vegetarian options, followed by a Raffle and Disco.

The menu choices are as follows:

Starters:

Curried Carrot, Coriander and Ginger Soup. Chicken and Pork Liver Pate. Prawn Cocktail.

Mains:

Pollo alla Cacciatore. Baked Teriyaki Salmon. Moroccan Vegetable Tagine.

Desserts:

Mixed Fruit Salad. Tarte au Citron. Chocolate and Orange Cake.

Should you be interested in joining us for this great event to raise funds for this worthy charity, please contact either me, or our chairman on the addresses and phone numbers below. We shall then be able to take your contact details and menu choices in exchange for the bank details so that we can relieve you of the ticket money! Tickets are limited so don't delay!

Looking forward to hearing from you,

Denise Saunders, Branch Treasurer saunders939@btinternet.com 07837606529

James Blandy, Branch Chairman james.blandy@icloud.com 07766333221











Christmas Pop-Up Florist

December

Saturday 7th 2-5.30pm Sunday 8th 10.30-4pm Saturday 21st 2-5.30pm Sunday 22nd 10.30-4pm Monday 23rd 10.30-4pm

This year our Pop-up Christmas Shop is coming to Whitchurch-On-Thames!

We will be based at The Old Rectory Stables in Whitchurch, opposite The Greyhound Pub. We will be taking orders for Christmas arrangements and also selling Christmas door wreaths. We will have a stand full of festive flowers, foliage and small plants, an ideal gift when visiting friends and family over the festive season!

We will also be taking pre-orders for collection and deliveries. The Garden Room Flower Company Pangbourne, Berkshire

Pop-Up-Shop @ The Old Rectory Stables, Whitchurch-on-Thames

Tel: 07340 010534

Email: info@thegarden-room.co.uk

www.thegarden-room.co.uk













Parish of Pangbourne with Tidmarsh and Sulham

A Christian presence in every community in 2024

Church services in the parish

NOVEMBER

Sunday 3rd

10 amHoly CommunionSt James11.15amHoly CommunionSt Laurence3pmAll Souls' ServiceSt James

Sunday 10th

7.45am Holy Communion (BCP) St James10.30am Morning Worship St James

with act of Remembrance

10.30am Morning Worship St Nicholas

with act of Remembrance

3pm RBL Remembrance Service St James

Sunday 17th

9amJoyful NoiseSt James10amHoly CommunionSt James11.15amMorning WorshipSt Nicholas

Sunday 24th

7.45am Holy Communion (BCP) St James 10 am Holy Communion St James





Royal British Legion Service of Remembrance

Sunday 13th November at 3pm St James the Less, Pangbourne

2.30pm Pangbourne College Marching Band will lead the parade of Royal British Legion and uniformed groups through Pangbourne to the War Memorial for the laying of wreaths and the Remembrance Service

Weekday services in St James

Wednesday 10am Holy Communion Friday 10am Noah's Ark

A word from our Rector, Rev Mark Hopkins

Dear Friends,

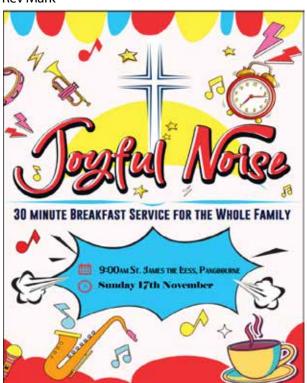
Do you have a favourite Christmas Carol? For me it depends on the situation.

At Midnight Mass my favourite carol is the beautiful O Holy Night (also known as the carol from the Home Alone film). At a carol service, I love to sing Hark the Herald Angels Sing with its melodic descant. If I hear a brass band play in a shopping centre, Joy to the World is my favourite. Christmas Carols evoke special memories and situations for each of us, and this year at Pangbourne, the theme of our Christmas Tree Festival is O Come Let Us Adore Him. Trees will be decorated by local groups in the theme of their favourite Christmas Carol. The church is always open during the daytime and from early December come along to see your group's decorated tree. We also have our usual range of Christmas services, Carol services and Christingles across Pangbourne, Tidmarsh and Sulham – please see the notice for details.

Of course, whilst I enjoy the tune of a good Christmas Carol, the real meaning of Christmas is in the lyrics of these ancient songs. So to wish you a Happy Christmas I will say (or sing); O Come all ye faithful, joyful and triumphant!

O come ye, o come ye to Bethlehem! Come and behold him, born the king of angels, O come let us adore him... Christ the Lord!

Rev Mark



The Parish of Pangbourne with Tidmarsh and Sulham THE CHURCH



What's on in St James-the-Less

ADVENT AND CHRISTMAS SERVICES

SUNDAY 1 DECEMBER

10am Holy Communion St James 11.15am Holy Communion St Laurence

SUNDAY 8 DECEMBER

7.45am Holy Communion (BCP) St James 10am All Together Worship St Laurence Carols by Candlelight St Nicholas 4pm

SUNDAY 15 DECEMBER

10 am Holy Communion St James 11.15am Crib Service St Nicholas

SUNDAY 22 DECEMBER

Holy Communion (BCP) St James 7.45am 10am Holy Communion St James 6pm Carol Service St James

CHRISTMAS EVE 24 DECEMBER

3pm & 5pm Christingle St James 3pm Christingle St Nicholas 11pm Midnight Mass St James and St Laurence

CHRISTMAS DAY 25 DECEMBER

10am Holy Communion St James Christmas Family Worship St Nicholas 10am

SUNDAY 29 DECEMBER

Holy Communion St James



Community Christmas Trees

Decorated by local community groups theme of CHRISTMAS CAROLS

From Friday 6th December church open every day until 4pm



Celebrate Christingle with us on Christmas Eve ... St James, Pangbourne at 3pm and 5pm

St Nicholas, Sulham at 3pm



The Children's

St Bernadette's Catholic Church

Horseshoe Road, Pangbourne, 0118-971-5350, Parish Priest: Fr Alban Hood www.douaiparish.org.uk

9:45 am Sunday Mass

Every Sunday, with children's liturgy. Followed by tea and coffee. All welcome!

Coffee Mornings

Please join us on **Wed 13th November** and **Wed 11th December** from 10:30 am to 12 noon. All are very welcome for a cuppa and cake – plus a festive theme in December!

Young Disciples

Every 1st Sunday of the month for children. Bitesized topics for 10 minutes after Mass. Followed by doughnuts.

All Saints' Day

A special Mass on Friday **1st Nov** at 10 am.Plus an All Saints' party for the children after the 9:45 am Mass on Sunday 3rd Nov

ADVENT CAROL SERVICE

Always a very special way to start the Advent season: **4 pm** at St Bernadette's on **Sunday 1st December**, followed by tea, mulled wine and mince pies. All welcome!

Advent Crafts

After the 9:45 am Mass on Sunday 8th Dec.

CRIB SERVICE

A short service for children to help prepare the crib – on **Saturday 21st December** at 12 noon, followed by sandwiches, mince pies, etc. Children are welcome to come dressed as a nativity character of their choice.

CHRISTMAS DAY MASS

Wednesday **25th December** at 9:45 am. For more Christmas services see *www.douaiparish.org.uk*











Village Signs and Memorials

In the last issue both subjects were referred to, and here are some additions: firstly the Village Sign. Adapted From a Newspaper Cutting 1961 (Clare Frank Archive)The Chairman of the Pangbourne Council unveiled the Village Sign, which has been erected at the entrance to the newly opened car park. The cost of the sign has been met from the proceeds of the Pangbourne Fair, which was held last year. Mr Duckworth thanked the Fair Committee, whose object was to give something to Pangbourne which would not be possible to provide from the rates. It is believed that this sign is the first of its kind in Berkshire. The main figure on the sign is Beorhtwulf, King of Mercia (from 839-852) who was given manorial land in Pangbourne by the Bishop of Leicester, in exchange for tithes to go to the Church. At the time there were constant battles against the Vikings, who came upriver from London, so Pangbourne was eventually absorbed into Wessex, where the Saxon King, Alfred, was more successful in defeating the incursions, hence the Saxon Boat. To add a modern connection, symbols relating to the 'Wind in the Willows' have been included, to remember Kenneth Grahame who lived at Church Cottage from 1924 to 1932. The carving on the sign was carried out by Mr HW Constable of Emmer Green, it was painted by Mr A Rowe of Beecham Road, Reading and the base was presented by Mr S Wyatt of Pangbourne. It was carved in oak and stands on a brick and flint base. ceremony was attended by 70 people representing tradesmen and parishioners of Pangbourne, members of the Fair Committee and local Government bodies. (It is hoped that arrangements can be made in 2024 or soon after to repair some sections of the sign, King Beorhtwulf has already lost most of his foot!)

As November is the month for Remembering, it is worth noting some of the memorials which have



a connection with the Village Sign. A short walk takes you to the Church of St James the Less, which is full of memorials. One of the most impressive is that of Sir John Davis and of his first and second wives. He is best known as an unsuccessful rebel (Ellie Thorne: 150th Anniversary book of the church) whose least successful exploit was to join in an attempted coup d'etat against Queen Elizabeth in 1601. He was condemned to death but somehow managed to be pardoned, and died a peaceful death at Bere Court, the Manor House of Pangbourne. Observe also the East Window which takes you outside to the War Memorial, which remembers those who lost their lives in the First and Second World Wars, and in subsequent battles remembered by those of today. Finally Church Cottage which takes us back to the link with the Pangbourne Sign, Manorial land, Battles, and the River Thames, all of which we probably take completely for granted every time we walk past the little patch of land on which it stands.

Jane Rawlins and Lesley Crimp



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Green's

The history of **Green's**, our award-winning butcher's, is succinctly summed up in the Heritage Group's excellent "The Shops, Trades and Businesses of Pangbourne". Under the ownership of Royston Hine and ably managed on a day-to-day basis by his son-in-law Philip Cripps, who originally trained as a chef, mainly with TrustHouse Forte but also with the famous French chef Paul Bocluse in Lyon, the business has brought renown to our village with its many awards at national level, especially for its pies and sausages. However, at this juncture my interest is in the actual name, which comes from Stanley Green, who opened the shop in 1965. How did Stanley's family get the name Green, at some time between 1066 and 1415?

Although it is possible that the original Green was young or immature for his age, it is very much more likely that the family's dwelling over a number of generations was near a village green, although which one it is now impossible to say without extensive and very detailed research. Random examples of the name in the process of being acquired as a hereditary surname are Richard de la Grene ('of the Green'), recorded in Norfolk in 1200, and Geoffrey Attegrene ('at the green') in 1206.

Green is very much the predominant colour in our countryside, and so not distinctive as a method of distinguishing a feature. On the other hand, blue is. **Blue Pool,** Stanford Dingley is the perennial head of the Pang, its springs producing water the year round at 10° Celsius regardless of the weather. Its colour is derived from the suspension of fine particles of clay minerals in the groundwater, causing light to be refracted at the blue end of the spectrum, with algae growth adding a blue-green tinge.



Blue Pool, Stanford Dingley.

More often it is the colour of the riverbed that gives a river its name. This is the case for one of the headwaters of the River Loddon, the River Blackwater, the actual water of which is clear, but

on a dark bed. It is called *la Blakewatere* in 1300, but one aspect of its name must surely be to contrast with the **River Whitewater**, very obviously named from its greyish-white, somewhat milky-coloured water. However, the former pool at **Lightwater**, Surrey must have been clear indeed. The opposite is represented by **Blackpool**, Lancashire. Referred to as *Le poole commonly called Black poole* in 1637, and simply Pul in 1268, it takes its name from a peaty-coloured pool. Curiously, it is directly mirrored across the Irish Sea, where its Celtic equivalent is the *dubh* 'black' lind 'pool' of **Dublin**.

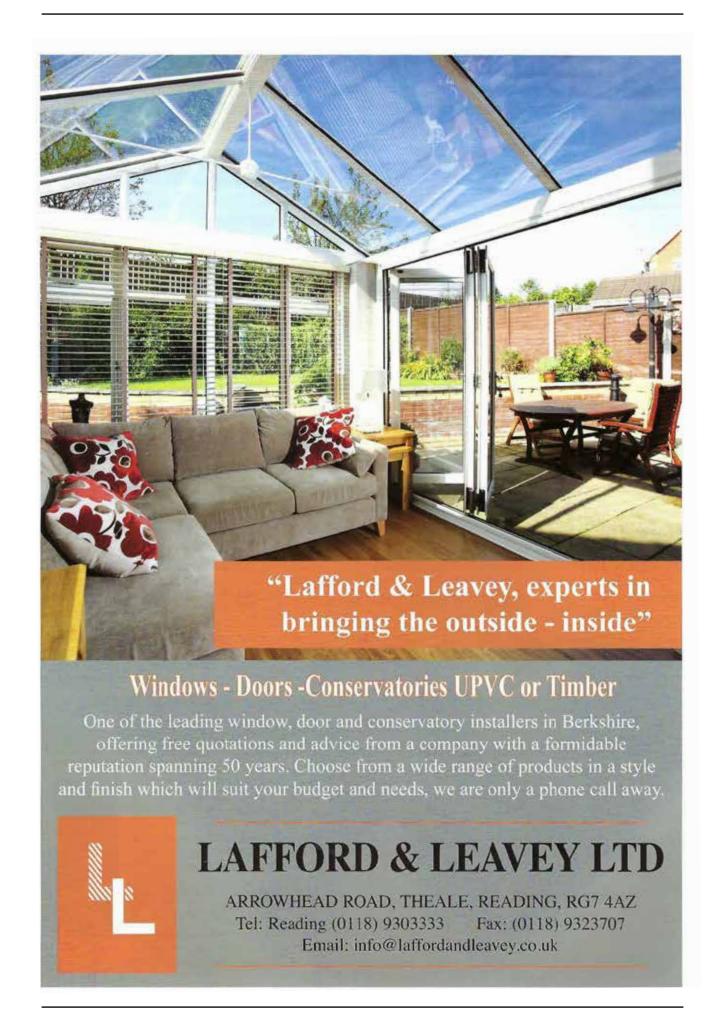
Marked variations in the colour of soil also give rise to place-names. Black stands out clearly, as at **Blacklands Copse**, Thatcham, and white, usually chalk, does too, as at **Whitelands Farm**, also in Thatcham. Sometimes the soil had a mottled appearance, as at the curiously named **Catsbrain Hill**, South Stoke. The name appears regularly in Central and Southern England, referring to soil that is a mixture of rough clay and pebbles, but it is not clear why cats in particular should have been recorded (or abused?) in this way.

Sometimes the eye is caught by blocks of colour provided by flowers or trees, but with the onset of winter, looking at such names must surely wait until the spring. In the meantime, the title of our awardwinning butcher's premises and the excellence of the produce from there truly reflect our "Green and pleasant land".

Nigel Suffield-Jones



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Pangbourne College

Eight local charities benefit from grants awarded by the 'Pangbourne College Community Fund' supporting children and young adults in the community.

Pangbourne College has awarded eight local charities with grants from the 'Pangbourne College Community Fund' to help run or support a project, activity, or event that will enrich educational opportunities for children and young adults in the local area.

Successful grant applications from 2024 were from ABC to Read, Newbury Young Stars, Education Business Partners, Pangbourne Primary School, Pangbourne and District Bowls Club, Whitchurch Pre-School, Englefield CE Primary School and the Goring and Streatley Young Musicians Trust.

The Pangbourne College Community Grants Committee is now inviting applications for grants for 2025. All applications must be submitted via the online application form by 20 May 2025.

The fund offers grants of up to £500 to eligible charities and organisations.

Applications will be considered at a meeting of the Pangbourne College Community Grant Committee in early June 2025.

Pangbourne College pupils and the wider community will raise money for the fund through various fundraising initiatives throughout the year.

Pangbourne College's Head, Mr Oliver Knight, comments, "I'm delighted to see how this fund continues to help many local organisations bring their fantastic projects to life. Year on year, these projects benefit the educational development of children and young people, in the broadest sense, to include social, personal, and character development, which underpin all that we do here at Pangbourne College."

"Our pupils appreciate the privilege they must be educated at Pangbourne College and understand that not everyone has access to the same opportunities. Through their fundraising endeavours, our pupils will be able to give back and will see how their efforts can positively impact children and young adults in our local community".

The Breedon Educational and Vocational Foundation

It was the intention of John Breedon, back in the 1900s, to set up a charity whereby boys in Pangbourne could be supported in making a future for themselves. As directed in his will, Mr Breedon stated that the modest sum of £15 be spent every two to three years in placing a young boy in an apprenticeship. By the mid-1950s, the Breedon Educational and Vocational Foundation was providing young boys with financial assistance for school and university scholarships and bursaries, as well as the provision of 'outfits, clothing, tool, instruments or books to prepare for, or to assist their entry into, a profession, trade or calling'. The Foundation also supported the provision of sport, leisure and recreational activities for those in school and higher education (Charitable Trusts Act, 1853-1925).

Fortunately, the Foundation expanded its horizons to include girls, and today, continues to support young people in the parish of Pangbourne with the provision of modest grants. The Trustees are all local people who meet two or three times a year to discuss applications. In the past, money has been provided for:

school trips

school uniforms

college and university books or necessary equipment

tools/equipment for apprenticeships

sports coaching

sports, music and art equipment

attending youth groups (e.g., Scouts, Brownies)

engaging in youth activities (e.g., Duke of Edinburgh award)

Grants can be applied for by the young person themselves or a parent/guardian, if they are under 18. There is no limit to the number of times you can apply for a grant and they are available from primary school through to higher education.

The application criteria are as follows:

the young person must live in the parish of Pangbourne (as evidenced by their home address) there must be evidence of financial need (e.g., low/single income household, in receipt of benefits, etc.)

The Foundation Trustees recognise that everincreasing concerns about the cost of living will undoubtedly have had an effect on the opportunities for young people. As we navigate our way ahead, we welcome all applications and look forward to supporting the young people of Pangbourne in their academic and vocational ventures.

Application forms are available from Pangbourne and Whitchurch Primary Schools, Theale Green, Denefield and Langtree Secondary Schools, Pangbourne Library or can be requested by writing to the following address:

The Breedon Educational and Vocational Foundation c/o 18 Lilac Close, Purley on Thames, Berkshire. RG8 8TG

Hello From Whitchurch Pre-School!



We are so happy to be back for our Autumn term. Everyone is enjoying being back in the classroom, learning and exploring, and we have welcomed



some new starters who are settling in well. We have been making the most of our outdoor space, spending time in our dedicated allotment, discovering wildlife and apple picking.

Community Helps Save Our Pre-School!

In April, we were told that our existing building would not last the winter. So what better way to start the new school year than with the fantastic news that we reached our fundraising target? By the time of publication, we hope to be about to move into our new building. Since we launched our 'Save our preschool' campaign, we have received donations from families, parents, the wider community and the parish council, adding to existing funds we already had in the bank from



previous years. We were also lucky enough to receive several sizable grants

and private donations.

A huge thank you to the generosity of our parents and amazing community for helping us deliver this exciting new project!

Between 21st October and 2nd December, we will be demolishing the existing end-of-life building and replacing it with a brand new fit-for-purpose classroom.

The new building will be both energy and space efficient, with an improved layout for the children and staff to enjoy, perfect for future generations.

The Pangbourne Band Hits the Right Note for Our Pre-School with Disney Concert

We started off the school year with a magical concert by The Pangbourne Band at St Mary the Virgin Church in Whitchurch, taking us through the history of Disney films with numbers from Snow White, Frozen and Encanto. There was even a fancy-dress competition for the kids. A big thank you to The Pangbourne Band for putting on such a fun event for all the family and helping us to raise much needed funds for our pre-school.

There will be many more events to come. Please check out our website www.whitchurchpreschool. org or follow us on our Facebook page.

Spaces Available from January 2025

From January 2025, we have spaces available for new starters aged from two years upwards.

We're open from Monday to Friday during term time from 8.45am - 3.15pm with an early drop-off option at 8.30am and late pick up to 3.30pm.

Government-funded places are available for two-, three- and four-year-olds for 15 or 30 hours per week during term time.

We are Forest School, Healthy Smiles and Hygge accredited.

Children from outside the Whitchurch catchment area are welcome to apply.

To register your interest, please use the form on our website or email: *hello@ whitchurchpreschool.org*

Registered Charity: 1183193



Pangbourne Primary School

encourages everyone to become life-long learners, respect each other and to

"REACH for their star."











Autumn Term and New Beginnings.

"Autumn is the season that teaches us that change can be beautiful"

Autumn is our cue to consider starting a new – this is the message of Mother Nature this particular season. We have had lots of fantastic new beginnings in school as we start a new academic year and the children are enjoying their new classes. Classrooms are bright and welcoming and there is busy sound of excitement as the children enjoy their learning.

Pangbourne Primary School Values.

- 1. Resilient I am not afraid to make mistakes.
- 2. Independent I can do things by myself.
- 3. Inquisitive-I am motivated to learn new things.
- 4. Creative Thinker I can think of new ideas and ways to solve a problem.
- 5. Communicate I can work well with others.

This term we are particularly focusing on "Inquisitive". What does this mean?

I am motivated to learn new things

In search of information. Eager for knowledge.

Love of learning

Try new things

Make new discoveries

Ask questions

It is going to be a busy term with Harvest assembly, sports tournaments, Maths competitions, Black History month celebrations and many more fun learning events before we start to think of Christmas!!

Melissa Fry Headteacher





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Pangbourne Twinning Association.



Plans for 2025

As Summer draws to a close we at the Twinning Association are

making plans for the next visit for our lovely friends from Houdan near Paris. They will arrive in Pangbourne on the Friday of the first weekend in May, the Bank holiday weekend, until the Monday morning. We are always on the lookout for families and individuals who might be interested in hosting some French guests for the weekend.

Our visitors will set off from Houdan, a beautiful medieval village in the east of France. Houdan is well situated to visit fabulous local sights and our members have been lucky enough in the past to be taken on some incredible excursions during our exchange weekends. Personally, I have been taken to Chartres cathedral and the beautiful seaside town of Deauville (summer playground of the Parisiens) with our fabulous Twinning friends.



As a group we have visited some stunning Chateaux This picture is the stunning Paris love nest of Napoleon and his mistress Josephine

Of course in May 2024 the year of the Paris Olympics our hosts excelled themselves with an amazing night trip on the Bateaux Mouche lit by thousands of lights.

Some members have even been taken to Monet's garden at Giverny or to the unforgettable Palace of Versailles.

So where will be taking the French group for a daytrip when they come to Pangbourne May 2025.

It is certainly a conundrum. For Coronation year we organised a special trip to Windsor castle the week before the coronation itself when it was all set up for the big day. In the past we have visited the historic buildings of Oxford, the Portsmouth docks and we have also run a river trip. We will certainly need to put our thinking caps on.

Of course, we will have other events during the weekend with a welcome evening, a come and try English bowls session and the mixed doubles tennis tournament plus our splendid celebration meal for everyone involved before our visitors leave on Monday morning.

If this weekend sounds like something you would be interested in or you would like to host a French person or family (French language not required) or you would like your children to practice speaking some French or maybe you would like to visit Houdan with us in 2026.

Please do contact us by emailing infopangbournetwinning@gmail.com

In the meantime, our French film evenings will be up and running by the time this magazine is distributed. The next film is on Sunday 24th November at Pangbourne village hall. Why not come down and join us?

Coco before Chanel.

The film stars Audrey Tautou and details the early life of French fashion designer Coco Chanel. "Gabrielle Chanel finds work in a bar as a seamstress and a singer. There she earns a nickname, 'Coco'. Her liaison with a baron and affair with an Englishman who initiates her into the world of fashion."

The doors open at 6.45pm. The film starts at 7.30pm. There will be a bar open before the film. There will be no film in December.

The next one will be January 26th, 2025. La Grande Vad rouille-(the big stroll)

We hope to see you at one of our films soon.

Infopangbournetwinning@gmail.com





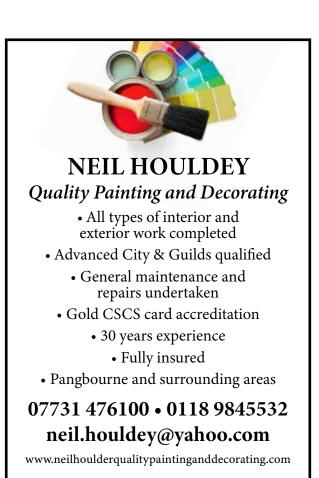
Pangbourne Village Toilets

Many of you will have heard, and possibly enjoyed the reopening of the Mens Toilets in April this year when Joe Lycett's team created a live feed to Pangbourne for the Late Night Lycett show on Channel 4. The event which attracted 150 people on the night created further interest on BBC Radio Berkshire and the local press, drawing attention to the need for what is an essential human right!

The APT trustees are now focussing their attention on raising funds for the final stage of the modernisation programme, namely, the modernisation of the 'Out-of-Hours' facility (i.e. the single cubicle which is available overnight when the main facilities are closed). The plan is to carry out this final stage in the first quarter of 2025, but we need to raise the money to do this. The main fundraising will be via the Good Exchange, project reference 20653, and at the time of writing this article we are still waiting to hear if the Greenham Trust will agree to match-fund donations, as they have with our previous projects.

APT took over the running of the Station Road Toilets in 2017. When the Out-of-Hours facility modernisation is completed, we will have succeeded in bringing the entire Toilet block up to the standards of the 21st century. We believe it to be a huge asset to the infrastructure of our thriving and beautiful village. The Toilets are used by many, including the elderly and disabled, and by villagers and visitors alike. There are counters on the doors which tell us that they are used about 25,000 times every year. This is evidence indeed of the need for this facility, providing for the health and well-being of all

Having reopened and modernised the Toilets, the Trustees are concerned for their longterm future. They are very pleased to say that discussions on this have started with Pangbourne Parish Council.







D of E at Adventure Dolphin

Just as quickly as one expedition season ends the next one begins - with our last expeditions of the season returning on the

30th August the DofE team have now turned their attention to celebrate our participants successes during our certificate presentation evening where we celebrated the 37 Bronze, 36 Silver and 9 Gold participants who have achieved their full awards with us over the past season, and the numerous others who have made really good progress on completing their other sections. The certificates were presented by our guests; Annette Robinson, the DofE operations officer for our area and Ian Walker, the Chair of Pangbourne Parish Council. The 9 young people who have successfully completed their Gold Award will be invited to Buckingham Palace over the next 12 months, if they haven't already been. With each individual undertaking their own programme of volunteering, skills and physical activity, all coming together to complete their expedition. Through the volunteering section alone our participants have contributing in excess of 2224 hours of positive impact and volunteering in their communities.

A massive congratulations and thank you to all of you on your hard work over the last year!

As we turn our attention to the 2024-2025 season whilst we have already held our information evening it is not too late if you, or someone you know is interested in undertaking their Duke of Edinburgh's Award with us. We offer opportunities to complete your Bronze (Year 9 and above), Silver (Year 10 and above), and Gold (over 16 years old) Awards. Both groups meet fortnightly on Monday's during term time with expeditions taking place towards the end of the school year.

Our thanks as always to the fantastic team of volunteers who generously give their time, effort and energy and to all the parents and carers who transport their young ones to meetings and expeditions.

Please visit the Adventure Dolphin website for more information, email dofecoordinator@ adventuredolphin.co.ukwhere one of the team will gladly get back to you and answer any questions you may have, or pop in on a Monday evening between 19:15 and 21:00 to chat with us. Equally



we are always interested in more leaders, if you would like to volunteer and support our young people through their award.

Pangbourne PaddleSport Club at Adventure Dolphin hosted The Pangbourne Hasler, a series of long-distance, flat-water races, where points are awarded in regional races throughout the racing season (Sept 1st to Aug 31st) and the highest-ranking clubs in each region compete in the Hasler Finals for the Hasler Trophy in Sept/Oct each year hosted by different clubs around the country.

Thank you to everyone who devoted so much time and energy to making this year another huge success.

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Brookfields School 50th Anniversary Fête

On Saturday 14th September, a good crowd of pupils, parents and friends from the local community enjoyed a full afternoon, with very pleasant weather especially arranged for the day. The fête was the start of the celebrations of the school's 50th anniversary, and certainly got those celebrations off to a good start.

The small children (and some not so small) enjoyed the animal petting zone; music lovers were well entertained by the Goring and Streetly Concert Band; and the refreshment stalls - hot dogs, ice creams, coffee and cakes - ensured everyone was well fed and hydrated.



The Rotary Club of Pangbourne provided a raffle stall, with a good selection of wines and toys for prizes, and a bran-tub lucky dip for small hands. The winning tickets were drawn by actor Rudolph Walker, who had kindly put in an appearance. Rudolph is best known for playing Patrick Truman in the BBC soap 'EastEnders'.

The stall managed to raise in excess of £200 to add to the school funds.

A spokesman for the Rotary Club of Pangbourne said "Those of us in the Rotary Club wish the school a very happy birthday and look forward to many more celebrations in the future."



Dashain is a major Hindu Festival, celebrated especially in Nepal and the Indian states of Sikkim and West Bengal, representing the triumph of Good over Evil. For a number of years, it has been celebrated in Reading by the Reading Ex-British Gurkha Association (REGBA). REGBA was founded in 2006 and has members of all British Gurkhas living in and around Reading and has association with the Gurkha Welfare Trust which looks after the interests of retired Gurkhas who have returned to Nepal.

This year, the Rotary Club of Pangbourne – in the persons of club president James Richardson and vice-president Ed Daniel - was very privileged to attend the REGBA celebration of Dashain on Saturday 28th September at the South Reading Community Centre with members of REGBA and more than 100 other guests.

Following the warmest of welcomes (being fresh to Nepali hospitality, we were both very humbled by it), we were escorted to the bar and then on to sample some of the amazing Nepali food provided by the Katmandu Kitchen restaurant. We are both sure that this will not be our last time of enjoying Nepali cuisine.

Unlike other festivals that we had attended over the years, this one was run with military precision – from start to finish: after some brief addresses from the key members of the community and the lighting of special candles by Reading'East MP, Matt Rodda, we were delighted by the traditional dancing, by both men and women in their beautiful brightly coloured clothing began. It was spectacular. Following this, a performance by a well-known singer warmed everybody up for the disco!

We of the Rotary Club of Pangbourne would like to offer very special thanks to the organisers, and all of the incredible people we met during the evening and look forward to future contacts.



The Pangbourne Band

September started out brilliantly with our Disney themed concert in St Mary's Church, Whitchurch on Saturday 7. We raised £1051.31 which was split 50/50 between the

Band and Whitchurch Pre-School. A big thank you goes out to St Mary's Church for letting us use the building without charge and to the team from the Pre-School for their help in promoting the concert and providing drinks and cakes at half time.

We played at the Beech Hill Garage Classic Car Show on Saturday 14 in aid of the Alzheimer's Society. The weather was kind to us (if a bit windy) and we had time to look at some of the classic cars during the interval, so we had another enjoyable outing.

The next day (Sunday 15) saw us end our summer season playing on the Bandstand in Victoria Park, Newbury, where we had an appreciative audience.

At the time of writing, our rehearsals are in full swing ready for the "Challenging Brass" entertainment contest in Addlestone on Sunday 27 October.

In addition to the Addlestone material we are already working on the programme for our Family Christmas Concert on Friday 13 December in the Pangbourne Club (see poster). We hope to see you there!

The rest of our Christmas Calendar is filling up

nicely too, with carolling starting on Saturday 30 November at Loddon Brewery; then continuing in December on:

Sunday 1 at The Three Tuns Earley,

Friday 6 in Pangbourne,

Saturday 7 at Spurcroft Primary School, Thatcham,

Sunday 15 at Shinfield View Care Home,

Saturday 21 at Reading Station.

We end the carolling season on Christmas Eve, firstly with a repeat visit to Loddon Brewery and then finishing in Pangbourne.

If you would like to book the band, do please let us know in good time. Booking enquiries can be directed to our events coordinator, Claire Holliday, by sending an email to claireholliday23@gmail.com. Alternatively, you can contact the band secretary, Helen Pierce, by calling 07790557572 or by sending an email to pangbourneband@gmail.com.

We rehearse on Wednesday evenings at Pangbourne Village Hall and always welcome new players of all ages. Do come along at 6.45pm in term time for the All-Comers Band if you are a learner (or trying a different instrument). Please come at 7.45 for an 8pm start for the Silver Band if you are a more experienced brass player.

David Paine The Pangbourne Band

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It's been a while since our last event and fundraising update but we're delighted to be back in the new Pangbourne Newsletter, and very grateful to Alise and The Pangbourne Club team for taking on this indispensible role for the village.

In 2024, our local events were well-supported as always, and, excitingly, Pangbourne was also represented at some national events too, in honour of the RNLI's 200th Anniversary.

The annual Race Night at the Village Hall was again a great success, raising £2300 via a mixture of tickets sales, horse purchases, betting and donations. Our local fundraising boxes and May High Street collections received approx. £1,150 via card and cash donations to our bright yellow sou'wester-wearing fundraisers. And the Village Fete added another £500 in donations and merchandise purchase.

We are extremely grateful for the huge support we receive from Pangbourne and district residents to help this incredibly important organisation, which receives no funding to help save so many lives, other than generous contributions from the public.

Westminster Abbey, St Paul's & The Falklands Chapel – 200th Anniversary Thanksgiving Review

In addition to local fundraising, multiple national events have taken place and are ongoing. On March 4th 2024, a Service of Thanksgiving on the 200th Anniversary of the RNLI was held in Westminster Abbey. June Hughes was privileged to be invited to represent the Pangbourne RNLI Branch, and she was overwhelmed by the superb music and

beautifully arranged and moving Order of Service. The Duke of Kent, Archbishop of Canterbury, Vice Admiral Sir Tim Lawrence were amongst the many dignitaries, serving crew members, and volunteers in attendance to commemorate the founding of the RNLI on March 4th 1824 by Sir William Hillary.

Living on the Isle of Man and having already rescued so many folk from local shipwrecks, Sir William decided it was essential to establish a dedicated charity organisation to save lives all around the British coastline. So following Royal approval, he began recruiting volunteers, resulting in the RNLI that we still have to this day.

200 years later we commemorate all those who have selflessly given their lives to help save others, including today's crews, volunteers, communities and supporters who provide this magnificent lifesaving service with the RNLI's vision; to save everyone they can.

The Pangbourne RNLI was also invited to the Annual National Service for Seafarers in St. Paul's Cathedral on October 9th to honour the 200th Anniversary and Commemoration of our incredible Institution. And hosted its own 200th Anniversary Concert in the beautiful Falkland Islands Chapel on Saturday 2nd November, with songs and shanties from the Reading Male Voice Choir and Senior Songsters, and lifesaving stories from Tower RNLI Station, representing the vital inland rescue that the RNLI provides on The River Thames.

As Christmas approaches, please consider purchasing gifts, cards, calendars, etc, from the RNLI's online shop; and we look forward to seeing you all in 2025 at more fundraising events to help towards the vast expense of building lifeboats, purchasing kit for crews, and saving more lives.

June Hughes, Shelley Rees

Pangbourne RNLI





Formula Health's Guide to Immune Health

The immune system is influenced by various factors, including stress, sleep, genetics and the microbiome.

- Chronic stress elevates cortisol levels, which suppresses the immune system and increases inflammation.
- **Sleep** plays a crucial role in clearing cellular debris and aiding in cell repair. A lack of sleep reduces antiinflammatory cytokine production, further weakening the immune response.
- Genetics play a role in immune function, affecting susceptibility to infections and how our bodies manage inflammation.
- Mental Health: Anxiety, depression, and prolonged high stress weaken immunity via the neuroendocrine system.
- Gut Health: A healthy gut microbiome strengthens immunity, while poor gut health is linked to inflammation.

The immune system uses both nonspecific (innate) and specific (adaptive) responses, bolstered by physical and chemical barriers. Integrative health approaches can provide a range of tests that provide tailored advice, specific to your own unique physiology. You can always book a free discovery call at Formula Health if you'd like to learn more.

Nutrigenetics testing can provide personalised insights into:

- Immune Function: Key genes (e.g., IL-6, TNF-alpha, TLR4, MTHFR) influence immune responses.
- Inflammatory Response: Genetic variations affect how the body responds to infection.
- **Predispositions to deficiencies:** Being susceptible to low vitamin A, C, D and Selenium can impact immune function and infection risk.
- Omega-3: Supports cardiovascular health and inflammation regulation.
- PTPN22 Gene: Regulates T and B cell development, aiding in bacterial defence.

By understanding genetic influences through Nutrigenetics testing, individuals can adapt their diet and lifestyle to optimise immune health.

Supporting Immune Health

To maintain a strong immune system, focus on:

- **Diet**: A balanced diet rich in diverse nutrients.
- Exercise: Regular movement improves immune function.
- **Sleep**: Prioritise adequate rest to support cell repair.
- Stress Reduction: Manage stress to avoid immune suppression.
- Reduce Toxins: Limit exposure to environmental toxins.
- **Supplement Support**: Consider adding specific supplements to compensate for unavoidable lifestyle factors.

Supplementation

Due to modern environmental and lifestyle challenges, supplementation can be used in order to enhance immunity:

- Vitamin D: Essential in winter for immune, mood, and bone health.
- Vitamin C: Supports the immune system; recommended dose 500-1000mg.
- Zinc: Vital for immune strength and cell function. Over-supplementing should be avoided.
- **Medicinal Mushrooms**: Reishi, Shiitake, and Maitake mushrooms modulate immune responses and balance cytokines, improving immune cell activity.



Dietary Interventions

For optimal immune health:

- Consume high-quality proteins (organic meats, fish, eggs).
- Include Omega-3 sources (oily fish, walnuts, chia seeds).
- Eat a variety of colourful vegetables (7 portions/day).
- Incorporate immune-boosting spices (ginger, garlic, turmeric).
- Eat high-fibre foods.
- Limit alcohol, processed meats and sugary foods.

Gemma Fisher M.Ost Med. – Director Formula Health Ltd

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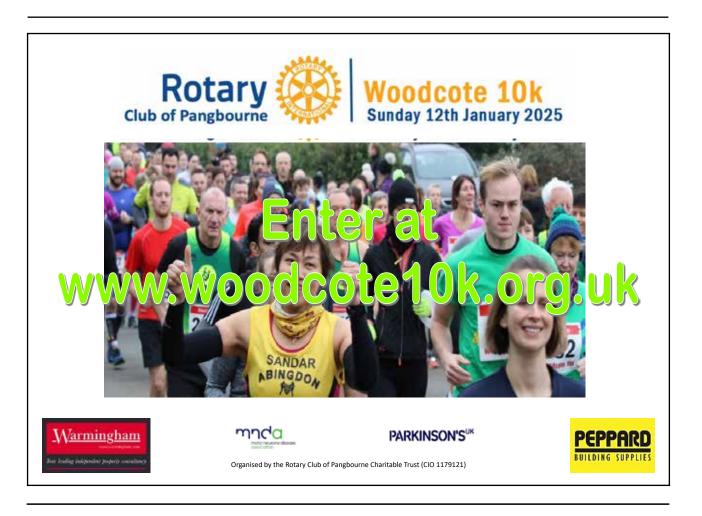


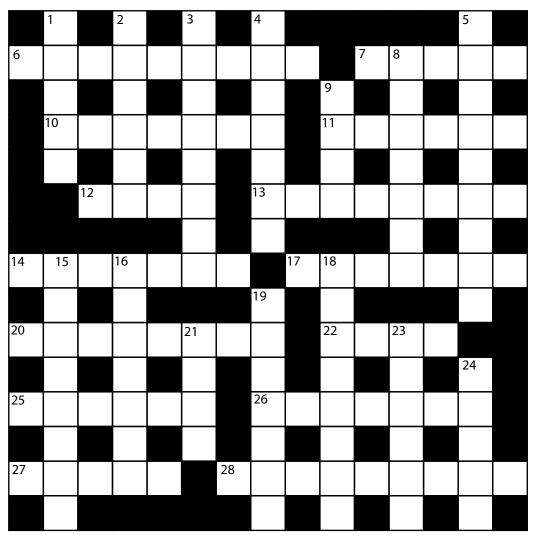
Monday	1		
09.30am-12pm	Tai Chi and Qigong	Karen: 07867 954 786 info@karenpounds.co.uk, www.karenpounds.co.uk	Dolphin Centre
10am-12pm	Hand bell tune ringing	Len Palfrey, palfrey62@btinternet.com	Whitchurch Art café
10.30 am	Adapted Pilates (Chair Based)	Vicky Elson Smith 07775638611, info@themovementclinic.co.uk	The Movement Clinic, Pangbourne
12.45pm-2.45pm	Art Courses	Jeanette 07500862025, art-courses@hotmail.com	Pang VH
2pm-4pm	Coffee & Craft	0118 9844117 - pangbournelibrary@westberks.gov.uk	Pangbourne Library
6.30pm	Zumba	Rachel Grocott 07885 444 510, rachelzumba4043@gmail.com	Pangbourne Primary School (VH in school hols)
7pm	Crib	info@pangbourneclub.co.uk (When the League is on)	Pang Working Men's Club
7.15pm-9pm	Duke of Edinburgh Awards	dofecoordinator@adventuredolphin.co.uk , www.adventuredolphin.co.uk , 0118 321 7206	Dolphin Centre
7.30pm	7-a-side Football	Laurie 07793680999	Pangbourne College
7.30pm-9pm	Badminton	www.pangbournebadminton.club (Term time only) A friendly non-league club. See website for session dates etc.	Pangbourne College Sports Hall
7.45pm	Adapted Pilates Mat Work	Vicky Elson Smith 07775638611, info@themovementclinic.co.uk	The Movement Clinic, Pangbourne
Tuesday			
8.45pm-9.45am	Circuits	Alex 07555 148 024	Dolphin Centre
10am-1pm	Pangbourne China Painters	Margaret broadbentm462@gmail.com	Dorman Rooms St Bernadette's Church
11am- 12pm	Yoga	www.walkingthepath.co.uk, bara.cechova@gmail.com	Dolphin Centre
10.15am-12pm	"One Voice Community Choir"	Di, Diane2473@btinternet.com 07971 226548 Cuppa/Chat 10.15 Singing starts at 11am	The George Hote
5pm-8pm	Tennis Coaching	www.pangbournetennis.org info@pangbournetennis.org	Recreation Ground
7.15pm	Poker	James Blandy 07766333221, james.blandy@icloud.com	Pangbourne Club
Wednesday			
6pm	Seated Yoga	Kate 07706357801 kate.wiggins@getberkshireactive.org	
6.20pm	Zumba	Rachel Grocott 07885 444 510, rachelzumba4043@gmail.com	Adventure Dolphin
6.30pm-7.45pm	All Comers Band	Stewart Lewins 0118 9425076, email@pangbourneband.org.uk	Pang VH
7pm	Table Tennis	info@pangbourneclub.co.uk (When the League is on)	Pang Working men's club
7.30pm-8.30pm	Yoga class	Laura 07766335176, peacelilyyoga@hotmail.com www.peacelilyyoga.co.uk	Dolphin Centre
7.30pm	Dance Fitness Class	Andrea turners.the@icloud.com, 0771 7023 007	
8pm	Camera Club	Alan-01491 681471, alan@curiosities.co.uk www.wotphoto.co.uk	Whitchurch VI
8pm-10pm	Pangbourne and District Silver Band	email@pangbourneband.org.uk Facebook.com/pangbourneband, Helen Pierce 07790557572, Stewart Lewins on 0118 9425076	Pang VH

Thursday				
8.45am-09.45am	Circuits	Alex 07555 148 024	Dolphin Centre	
10.00am-12.00pm	Art Courses	Jeanette 07500862025, art-courses@hotmail.com	Pang VH	
10.30am	Adapted Pilates (Chair Based)	Vicky Elson Smith 07775638611, info@themovementclinic.co.uk	The Movement Clinic, Pangbourne	
12.45pm-2.45pm	Art Courses	Jeanette 07500862025, art-courses@hotmail.com	Pang VH	
7.30pm-8.30pm	AC Pilates, Mat work	t Anna Cotgreave 07754598627 actraining@hotmail.com		
7.45pm	Adapted Pilates Mat Work	Vicky Elson Smith 07775638611, info@themovementclinic.co.uk	The Movement Clinic, Pangbourne	
8pm	Bingo	info@pangbourneclub.co.uk Last tickets sold 7.45pm	Pang Working Men's Club	
8pm-9.15pm	Church bell ringing	Len Palfrey palfrey62@btinternet.com	St James the Les	
Friday				
9.30am-10.30am	Kettlebell Conditioning (All levels)	Gareth France 07853 381449, gareth.france@sky.com, www.garethfrance.co.uk	Adventure Dolphin	
7.30pm-9pm	Social Doubles	www.pangbournetennis.org info@pangbournetennis.org	Recreation Ground	
8pm-10pm	Basildon Table Tennis Club	Basildontt@gmail.com	Upper Basildor Village Hall	
Saturday				
10.30am	Zumba	Rachel Grocott 07885 444 510, rachelzumba4043@gmail.com	Tidmarsh Villag Hall	
Sunday				
10am - 12:30pm	Tennis Coaching	www.pangbournetennis.org info@pangbournetennis.org	Recreation Ground	
Monthly				
1 st Sunday 8pm	Jazz Night	https://www.pangbournejazzclub.com/	Pang Working Men's club	
Lat Sunday of the month 7pm Feb – April inc	Twinning Film Night	Steve infopangbournetwinning@gmail.com	Pang VH	
1 st and 3 rd Tues 7.45pm	Natural History	Katie Jenks Jenkskatie@hotmail.com; www.rdnhs.org.uk	Pang VH	
2 nd Tues 2.30pm	WI	Trish Kilgour m: 07971 442 027 email: trishkilgour@aol.com	Pang VH	
2 nd Tues 8pm	RSPB	Judith email: readingrspb@gmail.com Https://group.rspb.org.uk/reading/	gmail.com Https://group.rspb.org.uk/reading/	
3 rd Tues 2pm-4pm	Family History Sessions	0118 9844117 – pangbournelibrary@westberks.gov.uk	Pangbourne Library	
Last Tues of the month 7pm	Book Club	Pangbourne.Book.Club@gmail.com	Pang Working Men's Club	
1 st & 3 rd Weds 11am	St James café	Rector 0118 984 2928 or Jill Palfrey 984 2698 jill.palfrey1@btinternet.com	St James church	
1st Weds 2pm	Cribbage	Di Williams Diane2473@btinternet.com 07971 226548	The Bar, The George Hote	
3 rd Thu Various times	Thursday Hub	Di Williams Diane2473@btinternet.com 07971 226548		
1st Fri 2pm-3pm	Book club	0118 9844117 - pangbournelibrary@westberks.gov.uk	Pangbourne Library	

Various			
Various	Ladies Walking	Nicki Woodward. 07768 986 799 www.purleypathfinders.co.uk	Various
Various	Bowls	Alan Copeland 01491 681471 alan@alancopeland.co.uk WWW.Pangbournebowls.co.uk	Recreation Ground Thames Ave
Various	Rainbows, Brownies, Guides and Rangers	helenguides@yahoo.com	Pangbourne VH
Various	Various	Climbing Carl: hello@borntoclimb.uk 07920 444842	Dolphin Centre
Various	Various	Purley & Pangbourne Scout Group (Squirrels, Beavers, Scouts) gsl@1stpandp.org.uk	Dolphin Centre
Various	Pangbourne Paddle Sports		
Various	Bowls	Alan-01491 681471, alan@alancopeland.co.uk www.pangbournebowls.co.uk	Rec Ground Thames Ave
Wed, every other, 8pm	Camera Club	Alan-01491 681471, alan@curiosities.co.uk www.wotphoto.co.uk	Whitchurch VH
Every 2 nd Wednesday 10.30am to 12pm	Coffee Morning	Kathryn (parish office) 0118-971-5350	Dorman Room at St Bernadette's Church
School holidays	Tennis	To apply for membership please contact Andy.Crossley@pangbourne.com.	Pangbourne College

* Please contact Di Williams on Diane2473@btinternet.com for additions, updates or changes to the information*





ACROSS

- 6 and 12 Across. Not Scrooge's post-Christmas wish (1,5,3,4)
- 7 Carol says Ivy's friend gets a bit prickly round about now (5)
- 10 A heavenly happening? Quite the opposite (7)
- 11 Christmas drinks? Just a tiny tot for young Mary (6)
- 12 (see 1 Across)
- 13 Joseph's wife got the message here (8)
- 14 You can always look to a PO drive to come up with the goods here (7)
- 17 A spot of bother or just a rather short greeting. (3-2-2)
- 20 and 22 Across The time a crowd of believers celebrates BC becoming AD (8,4)
- 22 See 20 Across
- 25 Here, for Herod our Saviour's birth got up his nose (6)
- 26 The antithesis of the crisp quality of Wenceslas' snow? (7)
- 27 The former editor really annoyed at being cut short (5)
- 28 Terrified shepherds? But not literally turned to stone as here (9)

DOWN

- 1 We may well go astray rather like them (5)
- 2 Few and far between, spares can be hard to come by (6)
- 3 A red herring here? So why does one dye perch in this case? (8)
- 4 Caesar Augustus? Taxing demands from him (7)
- 5 Stacks of presents, food and drink had Len tied up in knots (9)
- 8 An opportunity little Edward finally accepted (7)
- 9 Start in Formula 1 initially but finally pop the cork for this (4)
- 15 Stock problem sounds like. Ma Christmas's wet weather forecast (8)
- 16 No ad needed for a small opening for a bold undertaking (9)
- 18 Believe me, I really mean it when I say it...(2, 2, 4)
- 19 Feast day for him, so Carol says (7)
- 21 Essentially it starts with a Yankee soldier finally wearing a halo? (4)
- 23 Look, start by getting rid of Canterbury, York ... and then the rest (3,3)
- 24 Sounds like where potential cattle purchasers can view stock (5)

(Answers on page 53

Supplied by Ian Busby

44



Pangbourne and Whitchurch Sustainability News

It is only the end of September but the Thames is swollen and lapping into the meadows in Pangbourne and the organic hay meadow in Whitchurch is under water again. Parts of the country have had the wettest September on record and across the world extreme rainfall conditions have led to loss of life and catastrophic damage. As a response to the floods in central and Eastern Europe, the European Commission President, Ursula von Leyen, announced €10 bn in emergency funds for the worst affected states. Across the United States, as I write, hurricane Helen is wreaking havoc across six States, with great loss of life and destruction of whole communities.

This year the impact of Climate Change is being felt pretty much across the whole world and yet there is still complacency in so many political leaders.

It is easy to feel overwhelmed by the facts of Climate Change. The Met Office recently addressed the theme of climate anxiety, recognising the psychological impact on those working in climate science fields and on others alarmed by climate change.

The researchers recognise that the mental health consequences of the climate crisis are widespread.

Acknowledging the consequences of a warming world, extreme weather, food and water insecurity, forced migration etc can lead to distress, worry, anxiety. BUT, where people accept the situation and prioritise climate action, mental health is greatly improved. Many people are already benefitting from cleaner air initiatives, greener cities, better insulated houses, healthier ways to eat and travel around, and the stronger social bonds within communities.

So what does that mean for us living in Pangbourne and Whitchurch?

- 1. Recognise that we are in the middle of fast paced transitions led both by climate change and technology and we need to embrace adaptation and resilience.
- 2. Support each other in our efforts to make changes to our life styles.
- 3. Trust in nature to repair itself and support that by planting trees, protecting wildlife, learning

about our natural environment.

4. Divest from fossil fuels and provide clear sustainability leadership in our communities.



5. Belong to PAWS, join in our events, have fun by being part of a community that is looking positively towards the future.

Any one of the sixty adults and children who attended APPLE PRESSING DAY held in September in Whitchurch

Maze will testify to the real enjoyment of working together to turn nature's harvest into fabulous apple juice. Apple pressing is a great way of reducing waste. The many children who joined in apple washing, turning handles and pouring juice are learning resilience and confidence and gaining an understanding of the natural world around them.

Thank you to Sally and Peter Woolhouse for providing the best campsite brew and great cakes and to everyone who spent two hours cutting up apples, bagging up waste for compost, using the scuttering machines and apple press and generally making themselves useful. One four year old was heard to say 'he had had the best day ever'! I think we would all say our mental health was riding high that day!

Another really important event was the PAWS ART CAFE coffee morning held at the stables in Whitchurch. So many communities benefit from this resource and we must thank Gill Williamson from Whitchurch whose vision the art café is and Geoff Weir who administers the whole thing. Many local people really benefit from the weekly catch up with friends and neighbours. PAWS put on an exhibition of our sustainability work and we are collating the many ideas suggested. In addition we gained funds to support future environmental events. Again, there can be no doubt, that community events and working together brings about improved mental health.

I started this article reflecting on the flooding events across the world and our October event (which will already have taken place when you read this) is timely: Peter Worsley, Kay Lacey and Nigel Arnell will be talking about Flooding in the Thames Valley.

All three bring their academic and practical knowledge of the area to share with us their thoughts about our river security.

Please put Thursday 21st November in your diaries for our annual film night. We are hoping to show the film about rewilding on the Knepp Estate. 8 pm start in Pangbourne Village Hall.

Actions for the coming months

As the weather gradually cools into winter now is the time to book and borrow for free the PAWS infrared camera which will detect points of draught in your house. Visit the website to book the camera for when the weather is under 10 degrees.

A few years ago I made draught excluders and I have already brought them down from the loft to take up their winter residence at my external doors. Made from an old thick curtain and redundant towels they have provided excellent insulation. If you don't feel handy with a needle I think it would be worth talking to the Purley Repair Cafe volunteers when they meet at the Mad Duck Café on the second Saturday of the month 3-5pm.

Just another thought, for anyone who is in the

process of installing solar panels do make sure they have bird protection to prevent pigeons nesting underneath them. Two years again pigeons chose our solar panels which had been in place for nearly fifteen years causing mess and annoyance both to us and the neighbours. Retrospectively fitting bird protection is expensive and probably something you need professionals to do!

Make sure your hedgehog nesting boxes are clean and ready for hedgehog hibernation. There is an excellent UTube video on how to easily make a box. A great activity to do with the children. Also children love the 'identifying animal poo' U Tube which helps determine if you do already have a hedgehog in your garden.

Our mental wellbeing is greatly enhanced by being out in our environment. Being in nature lowers adrenaline thus reducing anxiety and depression. Talking to and helping others promotes happiness. Feeling you are contributing to your community promotes a feeling of belonging. Learning new things increases dopamine in the brain, improving mood. Despite the news there is much to enjoy in our daily life and caring for nature and immersing yourself in it for a few minutes each day improves our resilience and renews our sense of purpose. *Heather Thorne*

Join our Facebook group: PAWS (Pangbourne & Whitchurch Sustainability) or visit pawsg.com

Forthcoming events

When	What	Where
Thursday Nov 21st 8-10pm	Film Night	Pangbourne Village Hall
Thursday Dec 5th 8-10pm	Christmas Gathering	Pangbourne Village Hall
Thursday Jan 16th 2005 8-10pm	Planning Meeting for 2005	Pangbourne Village Hall





Reading RSPB Group Activities

On 10 September we launched our new season of indoor meetings with a talk by Peter Rock on Urban Gulls. Peter has been recording urban gull

behaviour and ringing gull nestlings in Bristol and other cities since 1980.

Gull populations in the UK have been in decline for some time now with a 60% reduction in Herring Gulls and a 35% reduction in Lesser Black-backed Gulls. Both are now protected species, and it is an offence to kill them.

Changes in fishing practices in the 1980s meant that there were fewer inshore fishing vessels and the practice of gutting fish onboard and discarding the waste into the sea stopped. This took away a crucial food source for coastal gulls and Herring and Lesser Black-backed Gulls were attracted into our towns. Tall buildings took the place of their traditional cliff nesting sites and the warmer temperatures in towns and cities combined with rooftop nest sites safe from predators such as rats and foxes allowed these gulls to flourish.

Accurate figures on population size are hard to come by but the latest estimates are that there are 139,000 pairs of Herring and Lesser Black-backed Gulls in traditional coastal sites and 457,000 pairs in urban areas. These two populations are now entirely separate.

Contrary to popular perception, the urban gulls get a very small proportion of their food from scavenging in black plastic bags. Neighbouring farmland as well as landfill sites provide the bulk of their food. They will, however, readily try to steal whatever they can. In coastal settings they steal food from other birds and in towns they target our fish and chips. One notorious ringed Herring Gull in Cornwall perches on a fast-food kiosk just waiting to steal any unguarded pasties and ice-creams.

Large quantities of droppings also make them unpopular but, despite regular alarmist headlines in the press, there is also no evidence for the suggestion that they spread disease such as salmonella and E-Coli and they have so far escaped avian influenza. This is probably due to the fact that their nests are well spaced rather than being crowded together, as is the case with Terns and Back-headed Gulls.

Being at the higher end of avian intelligence most attempts to control their numbers have proved futile despite councils spending millions of pounds in the attempt. Noise, lasers, positioning replicas of owls and other predators on buildings and even flying Harris Hawks to scare them have had no effect. Netting doesn't work well as a deterrent either, but birds can get entangled in it and die. It looks as if we will have to learn to love them.

On Sunday 15th September nine of us met in South Stoke for our first bird walk of the new season. It was a lovely warm and sunny day, and we walked along the River Thames towards North Stoke and back again. The river held lots of Canada, Greylag and Egyptian Geese with a few Mallards, but the highlight was two or more Kingfishers that flew past us a number of times. Large numbers of Swallows were moving south, and they were joined by House Martins and a few Sand Martins, all off to warmer climates for the winter. A few Chiffchaffs were calling, and although most will leave increasing numbers now overwinter owing to milder weather conditions. A family of Kestrels flew over making a fitting end to the walk and bringing the total number of species to 24.

On Tuesday 17th September a group of us met in Aldworth for a walk over the Berkshire Downs. There was a gentle climb from the village to the Ridgeway path and in the fields on either side of the track were numerous Red-legged Partridges and the odd Pheasant. The hedges were quite quiet and held a number of Blue and Great Tits and a couple of Chiffchaffs. Overhead were a few Meadow Pipits and a couple of Swallows heading south together



with the usual Red Kites and Buzzards. Good numbers of Rooks were in the fields with Jackdaws. We ended the walk with a drink at The Bell Inn having recorded 20 species of bird.

On 8 October Keith Betton will talk to us about Twenty

Places to go Birding and on 12 November Nick Martin will give a talk on Secrets of a Wildlife Garden. The last meeting of 2024 will be on 10 December with short talks by members of the group followed by festive eats.

On 16 October there will be a walk at Woolhampton Gravel Pits to look for southbound and incoming migrants followed by a minibus trip to Warsash nature reserve near Portsmouth on 20 October. On Wednesday 20 November there will be a morning walk at Dinton Pastures.

All indoor meetings are held in Pangbourne Village Hall starting at 8pm. Visitors are very welcome. There is an entrance fee of £5 for non-members, junior's half price. New members are always welcome with annual membership set at a modest £15 (£10 for juniors).

For more information visit group.rspb.org.uk/reading

The Sorry State of the River Pang in Pangbourne:

In September, I took part in Big River Watch (https:// theriverstrust.org/take-action/the-big-river-watch) with my 93 year old mother, Naurita Chant who was born in Pangbourne and has lived in the village all of her life. We walked across the water meadows which lead to the Tidmarsh Road and stood on the footbridge to conduct our survey. We were utterly horrified by what we saw. Admittedly, it had been raining but the river was brown and murky and it was impossible to see the bottom of it. There is no longer any weed, the banks are choked with unmanaged marginal plants to such an extent that it is now impossible to see the river from certain parts of the bank. Tree branches have fallen across the water and there are parts of it which are ridiculously narrow. Apart from a kingfisher, we did not see any other wildlife whilst we were there. Horrible, scummy algae clung to the wire mesh over the concrete flood barrier by the bridge. My mother and I were heartbroken.

Whilst we were looking at the river, we met a gentleman, a resident of 60 years, who told us he visits the river daily. He expressed his opinion that the state of the Pang in Pangbourne is a disgrace. He also informed me that he believes sewage is being discharged in to the river around the Bradfield area. As he was not the first person who has said this to me when I have been visiting my parents, I followed up on his claim when I got home and this is what I discovered. A BBC article which gives weight to the claim plus the depressing revelation from an environmental officer at West Berks Council that the river has indeed been designated as poor:

https://environment.data.gov.uk/catchment-planning/WaterBody/GB106039023300

https://www.bbc.co.uk/news/uk-england-berkshire-66672132

I was born and grew up in the village as were most



of my mother's family from the 1930s so even though I now reside in London, I have a vested interest in the village and the Pang. I visit my parents on a regular basis and always walk by the river. This is not the chalk stream of my youth let alone my mother's youth. When I was living in the village

from the 60s to the early 80s, the river ran crystal clear. There was an abundance of ranunculus and we frequently saw brown trout, grayling and other native fish. There were moorhens and coots and the occasional swan. River keepers managed the banks and kept up the flow of the river. My 94-year-old father, Derek Chant, a life- long fly fisherman who fished a beat on the Englefield Estate was one of those keepers of our local stretch in his younger years.

By the time you read this article, my sister and I will have taken part in the March for Clean Water in London on October 26th. We will be carrying placards for the Pang and having put out information in the village, I hope to have marched with other Pangbourne residents who are equally concerned about the demise of our once beautiful river. I will have attended a training day with ARK at the village hall about how to mud spot as a sign of pollution and there will have been a meeting about the Pang on October 17th which I hope some of you reading this article will have attended. I can do this because I am retired but please take whatever action you can - no matter how small, it will make a difference. We cannot let this river which gave our village its name



die. Don't leave it to others to fight – those others may be doing the same. It is never too late. Let's restore The Pang to its former glory.

- Write to your M.P. Olivia Bailey voicing your concerns and asking for her support. *olivia.bailey.casework@parliament.uk*
- Put pressure on the government to clean up our rivers and waterways. The consultation has closed but look out for petitions to save our chalk streams: https://www.bbowt.org.uk/save-our-chalk-streams
- Volunteer with ARK (Action for the River Kennet and the Pang) www.riverkennet.org
- Volunteer Coordinator: Anna Forbes anna@riverkennet.org
- Join the Rivers Trust: https://theriverstrust.org/key-issues/state-of-our-rivers
- Support the work of your local environment group, **PAWS.**
- Attend any meetings about the river.

Feel free to contact me especially if you have any further information about ways in which I can help at: sarahlouisechant@icloud.com

Many thanks **Sarah**

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The Jewellery Concierge UK.

I've been a jeweller for the last 37 years, working my way through the manufacturing, retail and design aspects of the industry.

After many years designing, repairing, making and valuing items I now operate as mobile jeweller. Myself and a dedicate team can do anything a top end retail outlet can do although we come to you. (Unless we need specialist tools and machinery then we have a fully equipped local workshop).

The main benefit to my customers is that, with no huge overheads like a retail outlet and the issues that come with it, "we are less expensive". No need to drive into town, pay for parking and wait 4-6 weeks.

From bespoke engagement rings, wedding rings and tiaras to simple ring sizing and chain repairs.





Nothing is too much of a problem and all will be undertaken with confidentiality and the same quality finish regardless of value. After all in this modern world 'The Experience Matters'.

I love what I do, when you buy or inherit jewellery, it's nearly always for a happy occasion or from someone that meant a lot to you. Being part of creating, repairing or redesigning this item is very special and should never be taken lightly.

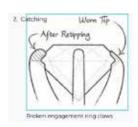
I'm always happy to chat and please feel free to contact me on the phone or via WhatsApp on 07775678439. Below is a short video of some of the services we offer.

https://youtu.be/ SFtaXnAvl8E?si=T5qkUnKiTPX9dSJ

The Jewellery Concierge.

Jay Raymond.







Purley Barn Bridge Club



This popular club meets at the historic Barn, Goosecroft Lane, Purley every Friday at 9 40 a.m. for a morning of social bridge with neighbours and friends from Purley, Pangbourne, Whitchurch, Tilehurst and round and about. The club is the nearest official club to Pangbourne with regular sessions twice a week. You don't need a partner nor do you need previous experience to play.



The origins of bridge are lost in the mists of time but internet identifies various countries claiming to be the source of probably the world's most popular card game – Turkey, Russia, China to name but three. The modern version of the game and its name is the American millionaire

philanthropist Henry Vanderbilt who in 1925 cruised through the Panama Canal with a group of friends. As they drank their G & Ts on the bridge of their liner they amused themselves by playing a card game to which they gave the name - 'bridge'.

One reason for the huge popularity of bridge—there are thousands of official and unofficial clubs and groups in the UK alone - has been the internet. There are many free on line bridge sites which you can sign up to and play hands nonstop 24/7 with players from all over the world. Most clubs – including Purley Barn of course - operate an on line session. At Purley this takes place every Tuesday at 7 pm for a 2 hour session which is more competitive than the Friday morning social bridge and where a partner can be arranged if you need one. The software is easy to use; you log on and see and chat to your opposing pairs and then let the computer take over. All you do is click, bid and play while you relax with a drink and nibble.

Bridge is a fascinating card game. At the Barn it gets you out; you mix with friendly locals, make new friends and enhance your thinking and memory skills – so what's not to like?



And, at the Barn you mingle with the other players and socialise over a cuppa and biscuits at half way point. You can have three free sessions and then join either Friday or Tuesday sessions or both. Call Martin on 07746 680183 or visit: https://www.bridgewebs.com/purleybarnbridge/

Give you yourself an early seasonal present, cross that bridge and join the club



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Do you play or would like to learn to play Poker?

If the answer is – YES to either of these questions, why not join the Texas Hold 'Em Poker Night?

Venue: Pangbourne Club

Time: Tuesdays – 7.00 for 7.30 p.m.

1st, 2nd & 3rd places take the pot!

For further info, please contact James Blandy on email:



james.blandy@icloud.com or mob: 07766 333221



The Poker game is £5 per buy-in per session with the proceeds going the game's winner, 2nd and 3rd places.

Whilst it's not obligatory to be a member of the club to join Poker Night, why not become a member and enjoy all the benefits available with membership?

At just £20 per annum plus an initial £5 application fee, it really is worth joining!

For more information, please contact James Blandy at james.blandy@icloud.com

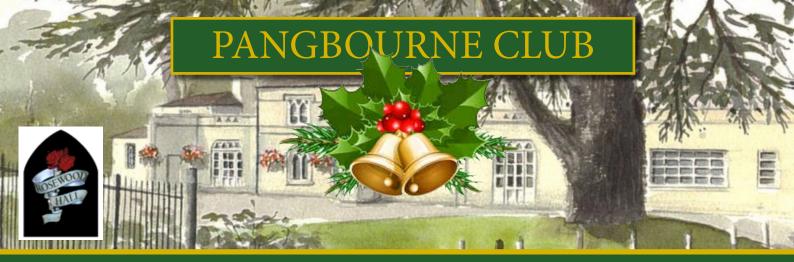
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FLOOD WARDENS 07889231136 Kay Lacey 01189843368 Stephen Billyeald 01189843368 Ed Penney 07756432946

Crossword Answers

ACROSS

DOWN

6 and 12 A HAPPY NEW YEAR, 7 HOLLY, 10 EARTHLY, 11 INFANT, 12 YEAR, 13 NAZARETH, 14 PROVIDE, 17 HOW-DE-DO, 20 and 22 MIDNIGHT MASS, 25 ODOURS, 26 POWDERY, 27 VEXED, 28 PETRIFIED 1 SHEEP, 2 SPARSE, 3 CYPHERED, 4 LEVYING, 5 PLENITUDE, 8 OFFERED, 9 FIZZ, 15 REINDEER, 16 VENTURE, 18 ON MY WORD, 19 STEPHEN, 21 GIST, 23 SEE OFF, 24 BYRES



Pangbourne Club comprises a cross section of the whole of the community within the village and the surrounding area.

The club houses many activities and sub-clubs: darts, snooker, crib, bingo, quiz nights and live entertainment. We have large screen televisions and projector screens with most sporting channels available.

Upcoming events

NOVEMBER

Sun 3rd of November Jazz Night 7pm

Sun 17th of November Jazz Night 7pm



Sun 1st of December Jazz Night 7pm

Fri 6th of December 5pm Christmas fair/market

Would you like to sell your goods at our Christmas market? Please email to info@pangbourneclub.co.uk

Fri 13th of December
7pm Pangbourne Band open concert

Sat 14th of December 8pm Grand Christmas Raffle

Fri 20th of December 9pm Cheese & Wine Raffle

Sat 21st of December 7pm Night of Boxing (Tyson Fury vs Oleksandr Usyk)

> Tue 24th of December 4pm Christmas Eve with Pangbourne band

Tue 31st of December 8pm The Big 2024 QUIZ

Regular events

FIND THE JOKER • BINGO • MEAT RAFFLE • POKER

See our website for details



SHOWN HERE Watch in the comfort of our fully air conditioned bars.

SKY SPORTS

Club News

We are hiring!

We are looking for talented and enthusiastic staff to join our friendly team.

See our website for details www.pangbourneclub.co.uk

Annual Pangbourne Club Christmas Market

Friday 6th December from 5pm onwards If you wish to have a stall, email:

info@pangbourneclub.co.uk

Our facilities include:

- Air Con throughout
- 3 full size snooker tables
- Pool Table
- Large projector screens and TV's
- SKY Sports
- Conference Facilities
- Function Room for hire with kitchen facilities and licenced bar
- Free parking for members
- Free WiFi

New member applications

Drop into the club or fill in our online membership application form.

New members are always welcome.

Pangbourne Club

Rosewood Hall, Whitchurch Road, Pangbourne, Reading, RG8 7BS

Keep up to date with events and entertaiment by visiting our website

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*OX10 0, OX10 6, OX10 9, OX11 0, OX11 9, OX49 5, RG18 0, RG18 9, RG20 6, RG20 7, RG20 8, RG4 7, RG4 9, RG7 5, RG7 6, RG8 0, RG8 7, RG8 8, RG8 9, RG9 4, RG9 5, RG9 6.

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